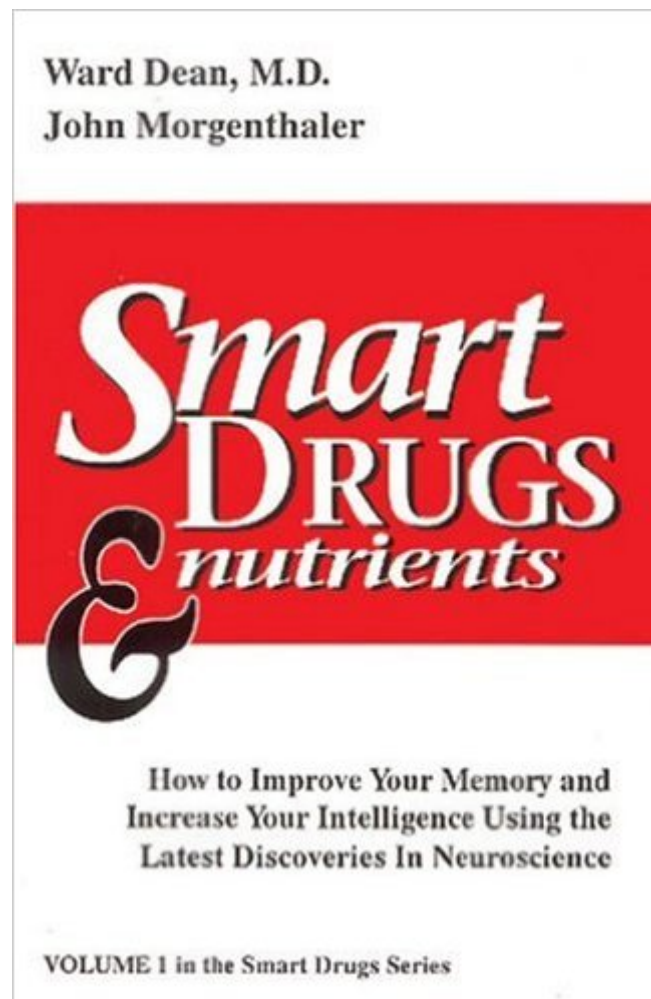


The book was found

Smart Drugs & Nutrients: How To Improve Your Memory And Increase Your Intelligence Using The Latest Discoveries In Neuroscience



Synopsis

How to improve your memory and increase your intelligence using the latest discoveries in neuroscience.

Book Information

Paperback: 222 pages

Publisher: B and J Publications (January 1, 1991)

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Average Customer Review: 3.9 out of 5 stars Â Â See all reviews Â (7 customer reviews)

Best Sellers Rank: #445,222 in Books (See Top 100 in Books) #34 in Â Books > Medical Books > Pharmacology > Neuropsychopharmacology #2990 in Â Books > Health, Fitness & Dieting > Nutrition #8695 in Â Books > Health, Fitness & Dieting > Alternative Medicine

Customer Reviews

The bible for smart drugs, a lot of research has been done since, but man this is comprehensive and gives you a good entry into the field.

great book

When the original Smart Drugs book came out, I started on Piracetam, Hydergine, and Lucidril. With absolutely remarkable results. I was no dullard beforehand, but after a few months on that combination, I was able to enhance my problem solving ability and overall intelligence considerably. Unfortunately I now have a fairly rare disease, Porphyria, so can now longer take most of the nootropics. And I can really tell the difference. I also had some interaction with Dean, Fowkes, and Morgenthaler back in that era and subscribed to the CERl newsletter. I can tell you from personal experience, they are terrific. They were so helpful and kind. The fact that Ward Dean is in prison in my mind says nothing about him being "dishonest" as a previous reviewer points out, but to the fact that our government picks certain individuals who have counter ideas to the establishment and choose to persecute them. Let's not be naive, folks.....

At [...] you will find data about this book. It is a good book, but it won't tell you what to do. It describes these substances in sometimes boring detail. It doesn't prescribe. It's a fascinating and new field. Proceed with caution and optimism.

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